

Barnabas Ministries leader will present conflict resolution strategies on October 10

by Shirley Mears



George Rennix

The founder and director of the Barnabas Ministries, Mr. George Rennix, will address the members and guests of the Academy of Senior Professionals (ASP) of Southern Nazarene University (SNU) luncheon meeting in the Heritage Room of the Webster Commons on Monday, October 10, 11:30 -

1.00. The title of his address is "Blessed are the peacemakers: Conflict resolution."

Mr. Rennix spent the first 25 years living 25 miles north of Chicago in the suburb of Northbrook, Illinois. His father was a referee in the National Football League, and thus, became well known in this small community. During this time, our speaker was living two lives. One life was continually running away from home. He was in trouble with the law, fought in bars, and was hunted by the Mafia. The other life was competing at a high level in athletics, going to college on a football scholarship, running with the "in crowd," marrying a beautiful woman, and moving to Ft. Lauderdale, Florida, to run his first business.

The greater part of Mr. Rennix's professional life has been spent in managing a restaurant, supervising training for a national office, operating a temporary help business, and directing an international ministry in the Grand Rapids, Michigan, and Oklahoma City regions. Recently he started the Barnabas Ministries.

The Barnabas Ministries reaches out to businessmen, pastors, and men's ministry leaders in and outside the church. The purpose of the Barnabas Minis-

tries is to promote, encourage, and teach the wisdom, commands, and practical applications written in the Holy Bible.

According to Mr. Rennix, the "Four A's" of conflict resolution are as follows:

1. Acknowledge the hurt by expressing sincere sorrow for the harmful way that you affected that person
2. Accept the consequences
3. Alter and change your behavior
4. Ask for forgiveness and allow time for healing

All members and guests should make their reservations now to hear Mr. Rennix, a dynamic speaker who has an important compassionate and contemporary message.

Important information regarding luncheon reservations

Members: If you have not been contacted by one our telephone callers, then please call Mrs. Shirley Pelley, ASP Telephone Committee Chairperson, at 405.354.3853.

Guests: Please call Dr. Elbert Overholt, ASP Director, at 405.789.2036.

All:

1. The cost of the luncheon is \$5.00 per person. Dr. Tom Barnard, ASP Vice-President, is the sponsor of this month's luncheon
2. Please make your reservation(s) *before Thursday, October 6*
3. The Administrative Council respectfully requests that a member or guest, who makes a luncheon reservation and is unable to attend, should consider it his or her ethical obligation to pay for the luncheon; in such a case, the member or guest should forward a check in the proper amount to Dr. Roy Dorris, ASP Treasurer, 3607 North College, Bethany, OK 73008 (405.789.3469)



Your president's point of view:

by Jack David Arnold

No one's education is ever complete

There is a children's story about a young man who went in search of the most insane or mentally unsound person he could find. As he walked down a country lane early one morning, he heard strange noises coming from a small house near the road. There was a thump-thump-thumping, followed by a crash and sounds of groaning. He stopped and listened for several minutes; the sounds were repeated a number of times.

Finally, the young man was unable to contain his curiosity. He walked up on the porch and peered through the curtains. To his astonishment, he saw an old man in his underwear run across the room—thump-thump-thump—leap into the air, and crash into the back of a chair where a pair of trousers was hanging.

The old fellow fell to the floor and lay there a moment, groaning from the pain. Then he pulled himself up, picked up the chair, hung the trousers on it, and backed across the room. Thump-thump-thump. Leap into the air. Crash. "Oooooohhh."

The young man knocked on the door, and the old man let him in, "Tell me, sir," said the young man. "Why are you doing that?"

"This is the way I put my trousers on. I hang them on the chair and run and jump into them," the old man replied. "My daddy did it that way, and his daddy did it that way before him, and what was good enough for them is good enough for me."

"But that's a slow and painful way to do it. Most men put their trousers on, one leg at a time. It's much easier and faster, too," the young man said, "Here, sit on the chair, and I'll show you."

It was the old man's turn to be astonished. "It was a lucky day for me when you came by. **I guess you're never too old to learn.**"

Anyone who believes that he has learned all he or she needs to know when there is so much to learn makes a critical error. Albert Einstein (1879-1955) one of the great geniuses of the last two centuries, said, "**A day without learning is a day wasted. There is so much to learn and so little time to learn it.**" He followed his own precept by continuing to work and study diligently until his death at 76 years of age.

We are inspired by many great people who never stopped learning. Even in his 87th year, the great Italian Renaissance artist Michelangelo, creator of such masterpieces as the paintings on the Sistine Chapel ceiling and the sculpture of David, is quoted as saying, "*Ancora imparo*" ("**I am still learning**"). Given the scope of his achievement in painting, sculpture, poetry, and architecture, this humility is striking and strongly reminiscent of the Greek philosopher Socrates, who wrote, "**The wise man knows that he knows nothing.**"

Anna Mary Robertson (1860-1961), a.k.a. "Grandma Moses," who painted in a primitive style, took up art at 70 years of age. When she was in her 90's, she painted on television. When she turned 100, she had a party and danced a jig.

When Grandma Moses was almost 101, she went into a nursing home, and she hated it. She was not allowed to paint.

Continued next column



"Sharing a Continuous Flight"

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She even hid the doctor's stethoscope to express her displeasure. She said she would give it back if she could go back home and paint.

We might never have had the opportunity to enjoy Anna Mary Robertson's artwork if she had lacked the courage to continue her education in life and never to stop growing as a creator. "**Life is what we make it, always has been, always will be,**" is one of her famous quotes.

"**Live and learn**" is a wise motto to live by if one agrees with my thesis: **No one's education is ever complete.** It reminds us that we can always learn something that will enrich our lives and the lives of others. We may need to let go of some outmoded ways of thinking and acting in order to try a new way.

In the past ten years as a member of the Academy of Senior Professionals at Southern Nazarene University, I have found

Continued on page 6—Arnold



ASP PICS

PICTURES BY EDITH SONNEVIK PAYNE



Pictures taken from the Academy of Senior Professionals May, 2005, meeting



Thomas Peil: visitor from the Urban Financial Group



Jory Conly: visitor from the Urban Financial Group



(l-r) Sherman Huff: Spanish Cove
Erica Seyfert: ASP Luncheon vocalist



Annette Simpson: student visitor from Redlands College



Ellen Jane Wheeler: special guest



(l-r) Reed Mosley: student visitor from Redlands College
Michael Crabtree: SNU University Advancement



(l-r) Bobbi Burbridge Lane: mother of Wes Lane
Wes Lane: speaker & Okla. County Attorney



(l-r) Miltonette Brasher: ASP member
Margaret Dawson: ASP member



(l-r) Paula Greer: ASP member — Paul Gresham:
ASP member — Joyce Ellis: ASP member



Decorations for the May ASP luncheon.



(l-r) ASP members gather for luncheon: David Ellis, Joyce Ellis, Lloyd Ellis, Bob Emmel, Margaret Dawson, Harold Dozier



ASP President Jack Arnold: presides at ASP luncheon



Tim Griffith: Research Interest Group presenter



Research Interest Group: Discussion topic was "Identity Fraud"

More Pics from May ASP Meeting



(l-r) Mary Anna and Paul Scheie ASP members wait to check in



Shirley Mears introduces ASP luncheon program



ASP director Elbert Overholt comments



Joyce Ellis introduces visitors at the ASP luncheon



(l-r) Darlene Overholt and Roy Dorris check in ASP members for the May luncheon



Erica Seyfert offers vocal talent for the ASP luncheon



Sherman Huff offers the luncheon invocation



Speaker Wes Lane: Okla County Dist. Atty.



Library Resources

By Bea Flinger

Tada, Joni Eareckson. The God I Love: A Lifetime of Walking With Jesus

As an academic librarian for many years and the professor of a graduate course that required extensive reading of books in various subject areas, this is one of the most powerful books to which I have been introduced—written by one of the most powerful women in America. No—in the world! It reveals the strongest revelations of one whose life is almost unbelievable—precious and exciting as a child, and later after she had a tragic diving accident as a teenager that left her a quadriplegic.

What Joni Eareckson has accomplished in her life, confined to a wheelchair, is no less than many miracles. Throughout her childhood and teen years her religious experiences fluctuated—sometimes there were high points, and at other times—failures that would not have merited God’s approval. However, she later gave her heart and life completely to the Lord with the determination to please Him, to do His will and follow His leading—and to tell His story to as many people as possible—as well as providing wheelchairs to the needy both at home and abroad, assisted by her Christian husband, Ken Tada.

(*In the SNU library—highly recommended)



ASP News You Can Use

by Shirley Mears

The 2nd Annual MS. Southwest Senior Pageant

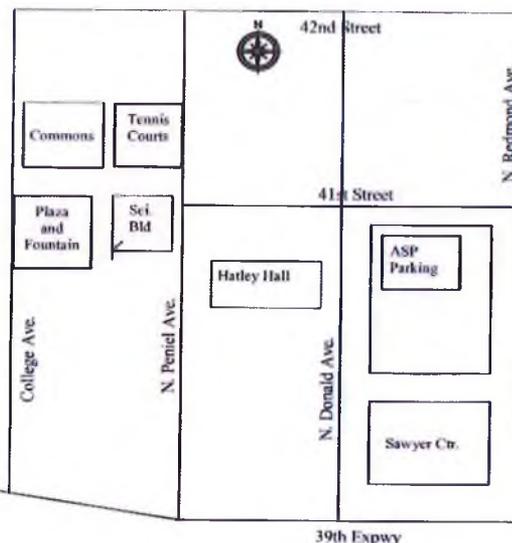
45 & Better News is hosting the second annual Ms. Southwest Senior Pageant on October 24th, 2005. There will be live entertainment while contestants prepare. The pageant is scheduled to begin at 7:00 PM with hors d’oeuvres served during a silent auction. The evening’s activities provide opportunities to socialize and enjoy an evening with friends and family while helping a wonderful organization within our community. The beneficiary for this year’s event is Project Woman Coalition. This organization provides valuable services for women and families in our community.

Last year our Southwest Senior Pageant was such a success that we decided to make it a special event of its own. This year we want to make it bigger and better. We have partnered with Project Woman Coalition, a non-profit organization, that offers breast screening exams to women who have little or no insurance. This ensures that all women have access to health care that might find breast cancer at an early stage. We at 45 & Better News & Radio feel that this is a worthwhile charity to promote.

The Ms. Southwest Senior Pageant will be held on Thursday evening, October 27, at the Express Event center at 8512 NW Expressway at 6:00pm. Admission is free and there will be a silent auction held to raise money for Project Woman Coalition with many special gifts offered. Entertainment is planned.

If you would like to sponsor an active woman, 65 years of age or older, please contact Pat Perry at 627-3996. We hope to make this an exciting and fun evening for our contestants. We plan on giving them the royal treatment.

ASP Parking Map





Written on the 231st Day of My 90th Year

by Anna Belle Laughbaum

When I was a child, I memorized lines from a poem: "Somebody said that it couldn't be done, but he with a chuckle replied that maybe it couldn't, but he would be one who wouldn't say so until he tried."

When our ASP president asked if I would write "a short article on your philosophy about lifelong learning as a senior adult," my reaction was "Good grief! My mind is blank on that." Writing on "your current pursuit of knowledge and excellence" was an alternative, he said.

Minus the chuckle, by combining the two I can't say, "it can't be done" until I try. ASP members will judge my trying.

Lord Byron wrote a poem entitled "This Day I Complete My Thirty-Sixth Year." It's a sad poem. "My days are in the yellow leaf," he wrote; "the worm, the canker, and the grief are mine alone." We see a disillusioned man. Contrast his words with those of Robert Browning. Buoyantly optimistic at 52, he wrote, "Grow old along with me!/The best is yet to be,/ the last of life, for which the first was made./Our times are in his hands . . ."

This is my 90th year. I do not feel poetic. Just yesterday I had my fifth chemotherapy infusion, the third round since 2002. Prose will have to do.

I hope the word "current" can be stretched far enough to include my 80's. They seem like yesterday to me and begin my twenty-fifth year since retiring from SNU. During those 34 years of teaching, I tried to pursue knowledge and excellence. Following those years I gave little thought to pursuing them. Knowledge seemed to come automatically and gratuitously and rewardingly. (I can't find the word in my old Webster; it surely must be in later editions!) Excellence came and went without my giving much attention to it.

I learned that one can acquire knowledge unconsciously. Traveling to the Scandinavian countries, South America, and Russia -- what could keep one from learning a little Russian on a Volga River cruise with a shipful of Russians? Traveling equals knowledge.

Publishing *Nine Glimpses of My Life*, a few poems and articles, editing a quarterly *World Missions Newsletter* brought easy-to-recall facts and effortless reading. Enjoyment of doing and accomplishment in achieving have their own reward.

The lectures I gave at the Oklahoma City Shakespeare Society; participation in the Missionary Blitz through the N. W. Oklahoma District of the Church of the Nazarene -- I wore my bright red Korean *hanbok* and reminisced about my two years in South Korea; jury service I could have been exempted from because of my age; spending Christmas Day last year serving green beans and turkey gravy at the annual Red Andrews Christmas dinner -- all carrying built-in knowledge.

Back to Robert Browning. He paints a picture of an unhappy, disgruntled artist who was not achieving what he knew he was capable of doing. He blamed his stagnation on the questionable actions of others. Andrea del Sarto did grasp a measure of fame but knew in his heart that he wasn't reaching high enough to please himself or God. "A man's reach should exceed his grasp/Or what's a heaven for . . .," he said. One must

reach as high as he can but realize that heaven is the place where the goal at last is attained. A low aim misses the mark.

But he was not doing what God requires of a true artist -- being true to himself and to others. "God uses us to help each other so/Lending our minds out" was an important plank in Browning's spiritual platform. Andrea del Sarto found it too costly.

As I read them over, my random thoughts seem to contain little on my pursuit of knowledge and less on my philosophy of learning. But I tried. Chuckle, if you like.

God still requires of me, and you, to lend our minds out. That requires knowledge, whether it comes consciously or unconsciously.

OUR MISSION

by Elbert Overholt

Your Administrative Council has been working on a revision of our mission statement and it will be presented to the Assembly in the near future along with a new revised brochure. These materials will be available soon to better define our mission and goals and make them more visible.

Anna Belle Laughbaum's article (this page) provides a good example of one who has been successful in meeting the Academy goals of continued learning and service to others. This delightful, well-written article describes the experience of a person who has found the joy of continuous learning and serving others. She provides a good model for all who are willing to join in the same spirit of development and learning.



Academy Obituary

By Billie Harrison

Cantley George

Cantley George passed away June 8, 2005, in his home, surrounded by his loving family and friends.

He was born in Mercedes, Texas, October 13, 1924. His parents were Hester George and Lilly Stephenson George.

Cantley served in the U.S. Army Hospital Corps during World War II. He was a medical technician in the European theatre. Following his discharge he moved to Oklahoma, where he met and married the love of his life, Syble Wooldridge. They were married August 31, 1952. After graduation from Bethany Peniel College in 1958 Cantley was employed by the Oklahoma City Police Department as a detective. Later Cantley and Syble lived in American Samoa where he worked as a principal and she taught school.

Cantley had a great passion for life, his family, and serving his Lord and Savior. He was a devout Christian. Following his retirement from the Department of Human Services as a rehabilitation counselor, he was actively involved in 97 mission trips in Mexico, South and Central America, Haiti and Zimbabwe. He served primarily as interpreter. Cantley truly loved his Lord and he love people. He is certainly missed by all of us.

Continued from page 2—Arnold
that life has been more exciting and fulfilling than I ever
dreamed possible because “I’m still learning.”



ASP LUNCHEON COSTS REDUCED

by Elbert Overholt

Due to rising costs Sodexho has been forced to charge 3% more for ASP luncheons. However, the Administrative Council has developed a plan for lowering luncheon costs to \$5.00 per person.

You have recently received a letter from Vice-President, Tom Barnard, explaining this plan and giving opportunity for any who wish to participate. We have received volunteers to underwrite this program for six of the eight luncheons of the 2005-2006 year.

We appreciate the support we are receiving from the organizations and individuals. We anticipate this plan will make it easier for you to attend and enjoy the meetings.

New Chairperson of the Membership Committee will Serve in the 2005-06 academic year

President Jack David Arnold is pleased to announce the appointment of Rev. Park D. Burkhart as the new Membership Committee Chair.

As Chairperson, Rev. Burkhart will:

- Develop programs for the promotion of membership in the Academy
- Serve on the Administrative Council and will report on the activities of the Committee at all Council meeting
- See that numbers are placed on the luncheon tables and call the numbers for the buffet rotations
- Call regular meetings of the Membership Committee



Park Burkhart

Current members of the Committee include Mrs. Margaret Dawson, Dues Collector, Mr. and Mrs. Lloyd Ellis, Greeters, Mrs. Shirley Pelley, telephone Committee Chairperson, Mrs. Nona Burkhart, and Mrs. Darlene Overholt. Dr. Elbert Overholt, Director, and Dr. Arnold are ex-officio members. Membership in this Committee is open to all interested ASP members.

Rev. Burkhart was born near Harrisburg, Pennsylvania. He married Wynona Snowbarger in 1952, and they have four children and six grandchildren. He graduated from Bethany-Peniel College with a Bachelor of Arts degree in religion in 1956, A Bachelor of Theology degree in 1957. He has served as a pastor in eight Churches of the Nazarene for nearly 43 years in Nebraska, New Mexico, Colorado, Florida, and Kansas. He attends the Bethany First Church of the Nazarene where he has served as a chaplain and now as a volunteer in its nursery.



ASP Calendar

Monday: October 10

- 9:00 a.m. Shuttle: Sawyer parking lot to Webster Commons **begins**
- 9:30-10:45 Writing Workshop: Commons Student Life Conf. Rm.
- 10:30 a.m. Shuttle: Sawyer to Webster **continues**
- 11:15 a.m. Luncheon begins: Heritage Room—Webster Commons
- 1:00 p.m. Luncheon meeting ends
- 1:30 p.m. Shuttle: Webster Commons to Sawyer parking lot **ends**



REMINDERS

- **Membership Dues:** Yearly dues for the calendar year are \$15.00, or \$1.25 per month. The ASP initiation fee for new members is \$10.00.
- **ASP Web Site:** Members and guests are reminded that the ASP Web site can be accessed by typing in www.snu.edu and then linking with `sr_professionals`.
- **Luncheon reservations:** Kindly be reminded that when a member or guest makes a reservation, the ASP Treasurer must include it in his count and pay Sodexho food service.
- **Luncheon reservation cancellations** must be received by Friday morning before the Monday luncheons or individual/s are respectfully requested to forward a check to cover the cost to Dr. Roy Dorris, ASP Treasurer, 4607 N. College, Bethany, OK 73008.



AARP 55 Alive Class Offered by Gerald Knutson

The Academy of Senior Professionals will be sponsoring an AARP 55 Alive safe driving class on October 29 in Room 125 at the Royce Brown Business Building. The class will begin promptly at 9:00 a.m. and will be taught by Dr. Gerald Knutson. Participants are encouraged to arrive to 8:45 to complete the enrollment forms.

Reservations can be made by calling Audette Knutson at 721-9250. If it is necessary to cancel your reservation, please call the same number. The class is open to all mature drivers.

