



Perspective

Over fifty ASP members will hear Mr. Ari Fleischer, communications consultant, on Thursday, April 13

by Jack David Arnold, Ph.D., ASP President

For the fourth year in a row, Dr. Loren Gresham, President of Southern Nazarene University (SNU), has invited members and guests of the Academy of Senior Professionals (ASP) at SNU to participate in the *Partners-In-Learning (PLN) Presents* luncheon meeting, April 13, 11:00 a.m.-1:00 p.m., at the Oklahoma City Cox Convention Center.



Ari Fleischer

Mr. Ari Fleischer, former White House Spokesman and Assistant to the President of the United States of America, will be the featured speaker of *PLN Presents*.

He previously served as the Senior Communications Advisor and Spokesman for the Bush-Cheney presidential campaign. His book *Taking Heat* (2005) details his years in the White House and reached number seven on the *New York Times* best-seller list. He is also the President of his own firm, *Ari Fleischer Communications*.

Important reservation information for ASP members and guests:

- ASP members will pay \$5.00 for the *PLN Presents* luncheon; non-members will pay \$40.00
- Reservations for this event should be made by *Tuesday, April 4*
- For information and reservations, please call Mrs. Shirley Phelps at SNU: 405.491.6311
- Free bus transportation will be provided for attendees, who should board the bus at 10:00 a.m. on Thursday, April 13, on the north side of the SNU Sawyer Center, 39th at Donald in Bethany, Oklahoma



Contributors to the luncheon-cost subsidies

- October: Tom and Madelyn Barnard
- November: Elbert and Darlene Overholt
- December: Loren Gresham
- January: The Burbridge Foundation
- February: Thurman and Annette Coburn
- March: The Spanish Cove Life-Care Retirement Village
- April: Olson Enterprises and an anonymous donor (One-half subsidy each)
- May: J. Robert "Bob" and Naomi Emmel



Your president's point of view:
by Jack David Arnold

Forgiving presupposes remembering

-Alexander Pope

Codependency and *dysfunction* are two of the most important words in today's psychological vocabulary. Support groups are everywhere for every problem—Alcoholics Anonymous, Sexaholics Anonymous, Workaholics Anonymous, Narcotics Anonymous, Victims Anonymous, and Overeaters Anonymous. It is not unusual today for one person to be in two or more recovery programs at the same time.

Individually, most of these groups are worthwhile. It is vital that people stop annihilating themselves with alcohol and drugs or gluttony or promiscuity. It is important to get alcoholics out from behind the wheels of automobiles and drug addicts off the streets and into programs that offer solutions to their addictions.

***Growth begins when we start to accept
our own weakness.***

--Jean Vanier

The *Holy Bible* is the greatest book on recovery ever written. In its pages we see God set out a plan for the recovery of his broken people and creation. Many of us are just waking up to the fact that recovery is an essential part of life for everyone.

The *Life Recovery Bible* (1998) is one response to the so-called "recovery craze." It takes the reader through the Twelve Steps and other materials designed to help us focus on the provisions God offers for recovery. The resources within its pages will help us all better understand who God is and how he wants to heal our brokenness and set us on the path toward wholeness. Without God there is no recovery, only disappointment and repeated failure. In my recovery from alcoholism, I discovered that "God did for me what I could not do for myself."

It is critical for people to come to terms with themselves and release the anxiety of having been sexually molested or physically abused or psychologically tormented. The Unity School of

Continued next column



***"Sharing a
Continuous
Flight"***

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Mail to: Roy Dorris, Treasurer
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Christianity offers this maxim: "If you can feel it, you can heal it."

***In taking revenge a man is but even with his enemy,
but in passing it over he is superior,
for it is a prince's part to pardon.***

--Francis Bacon

At the same time, it is vital to address the common-sense approach expressed by Confucius, "To be wronged is nothing unless you continue to remember it." If we let our past be, we are not compelled to endlessly reenact it. One of "the promises" in the book *Alcoholics Anonymous* reads: "We will not regret the past nor wish to shut the door on it."

Continued on page 6 — Arnold



ASP PICS

PICTURES BY EDITH SONNEVIK PAYNE



RIG Meeting Features Work of Forrest and Jean Ladd

Forrest Ladd describes processes and procedures he has developed to catalog and present his genealogy discoveries.

A group of about ten Academy members met for the Research Interest Group (RIG) to study various aspects of genealogy.

Jean Ladd tells the RIG group how she digs into family history.



Eula Mae Neuschwander provided the ASP luncheon with beautiful piano dinner music.



Dynamic speaker for the ASP luncheon was Chuck Schroeder, Executive Dir. for the National Cowboy & Western Heritage Museum.



Guest: Kathryn Janssen



Guest: Phyllis Armstrong

New Member:
Martin Grantham



New Member: Ryna Jarboe, OKC Programs Coordinator for the Office of Workforce Development



New Member:
Harry Stults





The Second Great Awakening

by Lecil Brown

The **Rev. Charles G. Finney** (1792-1875) who became a giant in religious circles stated in his autobiography, "my parents were neither of them professors of religion, and, I believe, among our neighbors there were very few religious people." His parents moved from Warren, Connecticut to Oneida County, NY when he was two years old. He stated that Oneida County at that time was, "to a great extent," a wilderness. In 1818, after teaching in the common schools, he started to study law in a law office in Adams, NY the way many lawyers got started in those years. In his study of law he said he found the old authors frequently quoting the Scriptures as authority for many of the great principles of common law. He said this "excited my curiosity so much that I went and purchased a Bible, the first that I had ever owned." He also noted that something called a "prayer meeting" was held every week by a church near their law office and he started attending as often as he could be excused from his work. As his quest for spiritual matters deepened he said, "on a Sabbath evening in the autumn of 1821, I made up my mind that I would settle the question of my soul's salvation at once." He often took walks in a wooded area outside their town. It was on one of his walks that he said "I recollect saying with great emphasis, if I am converted, I will preach the Gospel." As he reached the road that led to the village he began to reflect upon what had passed; "and I found that my mind had become most wonderfully quiet and peaceful."

The **Rev. Francis Asbury** (1745-1816) the "Prophet of the Long Road" was in the Annual Conference of Methodists in Bristol, England in 1771. **Rev. John Wesley** rose and addressed the group. "Our brethren in America call aloud for our help, who will go?" A 26 year old **Francis Asbury** sprang to his feet and answered the call. He preached his first sermon in New York on November 13, 1771. **Asbury** lacked the academic background of Oxford and association with the **Wesleys** and **Whitefield**, but as noted in Ezra Squier Tipple's book Francis Asbury the Prophet of the Long road, "he was far from being an uneducated or unlearned preacher. Life to him was a long school-day, as long as the road he traveled. He sat at the feet of some of life's greatest teachers, such as pain, hunger, cold, opportunity, a vast wilderness and a few great books."

It is impossible, for this writer at least, to briefly summarize the enormous contribution to religious life in America made by these and other great ministers of the Gospel. The Second Great Awakening started after the American Revolution and launching the new government, toward the end of the 1700's and beginning of the new century. The spirit of revival began to spread and strengthen the Methodist and Baptist churches. A new form of religious expression-the **camp meeting**- was started on the western frontier. The first camp meeting was held in July, 1800 in Gasper River Church in Logan County, Kentucky. A much larger group gathered at Cane Ridge, Bourbon County, Kentucky in August, 1801. It was estimated that between 10,000 and 25,000 people attended. Baptist, Methodists and Presbyterians participated. People from thinly populated areas looked forward to the meetings as a welcome break from the lonely life on the frontier.

Revivals and camp meetings became an important

A Bit of Humor

By Harold Dozier

— You lovers of the English language might enjoy this . . . There is a two-letter word that perhaps has more meanings than any other two-letter word, and that is "UP."

It's easy to understand UP, meaning toward the sky or at the top of the list, but when we awaken in the morning, why do we wake UP? Why do we speak UP and why are the officers UP for election and why is it UP to the secretary to write UP a report?

We call UP our friends. And we use it to brighten UP a room, polish UP the silver, we warm UP the leftovers and clean UP the kitchen. We lock UP the house and some guys fix UP the old car. At other times the little word has real special meaning. People stir UP trouble, line UP for tickets, work UP an appetite, and think UP excuses. To be dressed is one thing but to be dressed UP is special.

And this UP is confusing: A drain must be opened UP because it is stopped UP. We open UP a store in the morning but we close it UP at night.

We seem to be pretty mixed UP about UP! To be knowledgeable about the proper uses of UP, look UP the word UP in the dictionary. In a desk-sized dictionary, it takes UP almost 1/4 of the page and can add UP to about thirty definitions. If you are UP to it, you might try building UP a list of the many ways UP is used. It will take UP a lot of your time, but if you don't give UP, you may wind UP with a hundred or more. When it threatens to rain, we say it is clouding UP. When the sun comes out we say it is clearing UP.

When it rains, it wets the earth and often messes thing UP.

When it doesn't rain for awhile, thing dry UP.

One could go on and on, but I'll wrap it UP, for now my time is UP, so Time to shut UP

method of church expansion. The *American Bible Society* was founded in 1816. **Oberlin College**, Oberlin, Ohio started in 1833. In the fall of 1835, Oberlin opened a new theology school with **Rev. Asa Mahan as president, and Rev. Charles G. Finney** as professor of theology. One of Oberlin's students later was one of our own pioneer Nazarene theologians, **Rev. A.M. Hills**. For an in-depth, scholarly summary of **Dr. Hills** life and work you will enjoy our own Dr. L. Paul Gresham's book Waves Against Gibraltar.

The rapid spread of all American churches, the struggle, the hardships endured and dedication of many great ministers make fascinating reading about this period of our history and remind us that we truly are "one nation, under God."



Library Resources

by Bea Flinner

Through Her Eyes

by Marti Smith

Through Her Eyes gives perspectives on life from Christian women serving in the Muslim world.

"In addition to the difficult adjustments all missionaries face in a new culture, women serving in the Muslim world often have other challenges: new roles and identities quite different from their lives.

In an effort to support and encourage women entering or already on the mission field, the book shares the personal experiences of two dozen women as they reveal the nuances of their everyday lives as missionaries in a foreign culture. Some are single, many are married, and a number of them have children, but all provide a candid look at issues associated with living cross-culturally: dealing with loneliness, learning a new language, helping children adjust to the new culture, maintaining healthy marriages, and balancing ministry and family roles.

With this book, the author offers an honest and insightful look at the challenges of being a woman in missions, providing much-needed encouragement from those who have stepped out in faith and found that God is indeed enough to meet all their needs." (From the jacket of the book, Through Her Eyes)

The author began research for this book while living and working in Central Asia with a church-planting team.

In the SNU library.



ASP News You Can Use

by Shirley Mears

Local Author Achieves Success

Rene Gutteridge is a local Oklahoma author. She has been a guest on *45 & Better* radio a couple of times. It was hard for me to put her books down. She is an impressive writer and has found a way to write during the children's nap-time.

Tyndale House Publishers has just

released Storm Surge, the third book in the contemporary critically acclaimed suspense series by Gutteridge. She has established a solid fan-base with her first two novels in the series: The Splitting



Rene Gutteridge

Storm and Storm Gathering.

Fans will not be disappointed with the return of FBI agent Mick Kline in this latest installment. With riveting dialogue and engaging characters, Storm Surge delivers the fast-paced adventure that readers have come to expect from Gutteridge's novels.



NEWS BRIEFS

- New Policy on Luncheon Sponsors and Distribution of Materials:** The following motion passed unanimously at the ASP Administrative Council meeting on February 13, 2006: *"The names of sponsors will be announced from the podium by the President. Sponsors will be allowed to place brochures at table settings. After the luncheon, a table will be designated where the sponsors may visit with interested members or guests concerning programs and products. Only people who are sponsors will be allowed to distribute materials. These sponsors (maximum of two persons) will be seated at the head table."*
- 2005-2006 ASP Membership Directory:** A few copies of the current directory will be available at the May ASP luncheon accompanied by corrections and additions to the directory.
- 2006-2007 ASP Membership Directory:** A new membership directory is planned for the fall of 2006. **It is important that all information be as up-to-date as possible.** Please give or send additions and/or changes in directory information to Don Beaver. This can be done by filling out a change form at the May ASP luncheon or by sending information to Don Beaver at dbeaver3@cox.net.

Continued from page 2 — Arnold

When I am wronged, it hurts. It's maddening, it's infuriating, it's unfair; however, repeatedly reliving it is not healing. It is rehearsing it. If I practice old routines and play old tapes, then I am not learning new responses or thinking in fresh, positive, and creative channels. When I continue to pick at emotional scars, I am indulging instead of illuminating.

*A wise man will make haste to forgive,
because he knows the true value of time,
and will not suffer it to pass away in unnecessary
pain.*

--Samuel Johnson

Sometimes it can be a healing experience to dredge up traumatic experiences and face them; then, we can see the events for what they were instead of dreading some future time when there will be revelations to hurt or embarrass us. Remembering can be healthy; although continuing to live in the past is dubious if we stroke and pet our hurts and wear them like a Purple Heart.

Forgiveness involves a flight of imagination by being able to understand the influences that shaped our oppressor's behavior. Here is where self-help groups can really be a boon instead of a crutch. Once we comprehend the dynamics behind the abuse, we are more ready to forgive.

Forgiving does not mean excusing. The abuse is inexcusable, but we can accept it so that we can go forward and grow. Dwelling on past slights or offenses contracts us rather than expands us. If we want to become fully ourselves, then we must release the pain, reframe the experience, and renew our allegiance to life.

*The truest joys they seldom prove,
Who free from quarrels live;
'Tis the most tender part of love,
Each other to forgive.*

--John Sheffield

NOTICE

May 8 is the last meeting of the 2005-2006 ASP year. Business will include election of officers.

The first meeting of the 2006-2007 year will be **October 9**. Please mark your calendar.



ASP Calendar

Thursday: April 13 ASP/PLN Conference

10:00 a.m. Board bus — north side of Sawyer Center

10:15 a.m. Depart for Cox Convention Center

11:00 a.m. — 1:00 p.m. Luncheon: Cox Convention Center

1:15 p.m. Board buses for return to SNU

1:45 p.m. Arrive at SNU Sawyer Center parking lot



REMINDERS

- **Membership Dues:** Members who have not paid their annual dues, may pay them at the May 8 Luncheon or send their checks to Dr. Roy Dorris, ASP Treasurer, 4607 N. College, Bethany, OK 73008. Yearly individual dues for the calendar year are \$15.00, or \$1.25 per month. The initiation fee for new members is \$10.00.
- **ASP Web Site:** Information about the ASP may be found at www.snu.edu/sr_professionals.
- **Luncheon reservations/cancellations:** Kindly be reminded that when a luncheon reservation is made it must be included in the count unless it is cancelled by **Friday morning before the Monday luncheon**. To cancel a reservation please call Dr. Elbert Overholt (789-2036). Your cooperation is appreciated.
- **Shuttle Service for May meeting:** SNU continues to offer free shuttle service to and from the northwest corner of the Sawyer Center parking lot, 41st and Donald Street. Newcomers should turn north at the red light at 39th Expressway and Peniel Street; go two blocks north to 41st Street; turn right (east) one block to Donald Street. The shuttle begins service at 9:00 a.m. and continues making trips back and forth to the Webster Commons where the luncheon is held until 1:30 p.m. Members are urged to use this shuttle service.
- **Special April PLN luncheon:** ASP treasurer, Roy Dorris, announces that he will accept payment from members (\$5.00) for this special luncheon or will accept a check **before April 4**. Roy's address is 4607 N. College, Bethany, OK 73008. The cost for non-members is \$40.00.